



# Menu

## Appetizer

**For two to share** - Our combination of olives with feta cheese, finest olive oil and toasted bread (V) £3.60

### Garlic Breads - Individual or Large "to share" (V)

- Plain - with garlic and finest olive oil £2.75/£3.60
- Tomato £2.95/£3.75
- Cheese £2.95/£3.75
- Chilli - "Hot" as you like! £2.95/£3.75

### Bruschette

3 pieces of toasted Italian bread topped with a choice of -

Tomato, onion & herbs (V)

Mushrooms with herbs (V) and/or

Mozzarella cheese with parma ham £3.95

**Try one of each!**

## Starters / Primi

**NB. All dishes in our pasta section can also be ordered as a starter at** £5.65

### Pear Alla Va Bene (V option) £5.40

A pear glazed with honey and sherry, oven baked with goats cheese and sprinkled with fine shreds of spicy Italian sausage or toasted pine nuts. You won't be disappointed.

### Grilled Goats Cheese (V) £5.40

On toasted ciabatta, garnished with leaves, caramalised red onions, and a sauce of cranberries.

### Italian "Anti Pasti" selection £5.75/£9.95

(available to enjoy on your own or to share)

Sliced parma ham and salami served with sun blush tomatoes, olives, onions, roasted red peppers, toasted bread and finest olive oil.

### Moules a la Marinieri £5.85

Mussels with white wine, garlic and herbs in **your choice of a cream or tomato sauce** and served with toasted ciabatta bread.

### Chicken Pancake (Crespella) (V option) £5.95

Fresh pancake filled with strips of chicken, mushrooms and asparagus mixed in a creamy sauce (chicken optional).

### Va Bene Ribs £5.95

Our famous tender pork spare ribs, marinade in our very own fabulous barbeque sauce. Simply Delicious.

### King Prawn with Scallops £6.40

Succulent grilled scallops with king prawns, a light lemon juice and olive oil dressing served with a garnish of crispy leaves.

### Mediterranean Tuna Steak Salad (starter/ main) (V option) £5.25/£8.95

Crispy leaves, green beans, egg, anchovy, onion, tomato, new potato and fresh grilled tuna fillet served with a lovely basil dressing.

### Zuppa di Giorno £3.95

Our home made soup of the day with fresh bread.

### Insalata Caprese (starter/ main) (V) £4.95/£7.50

Buffalo mozzarella, tomatoes and basil leaves drizzled with basil oil (Add parma ham @ £1.50).

## Pasta & Risotti

### Penne Arabiatta £7.75

Penne pasta with spicy Italian salami, chilli and garlic in a rich tomato sauce.

### Pappardelle Salmone £8.20

Big Tagliatelle pasta with salmon and courgettes in a delicious cream and tomato sauce (cream sauce made with low fat crème fraiche if requested).

### Farfalle Alfredo £7.95

Butterfly shape pasta with strips of chicken and mushrooms in a creamy sauce (low fat crème fraiche option on request).

### Troffiette al Pollo (V option) £8.15

Lovely petite pasta with char grilled chicken and fresh vegetables in a cream sauce and sprinkled with pine nuts (low fat crème fraiche sauce if requested).

### Home Made "Mini" MeatBalls with Rigatoni pasta £7.95

Our delicious mini meatballs with herbs cooked with pancetta, onion, garlic, finest beans, served with rigatoni pasta and all in a rich tomato sauce. Fantastico!

### Lasagna al Ragù £7.95

Everyone's favourite. Classic lasagne, layers of pasta with minced beef and our own fabulous "pink" tomato and bechamel sauce.

### Cannelloni of Cheese & Spinach (V) £7.95

Fresh pancake filled with Goats cheese, spinach, roast sweet peppers and pine kernels. Served in a pink sauce and topped with mozzarella cheese.

### Cappelletti (V) £7.50

Small Cappelletti pasta with chopped aubergine, sundried tomatoes, olives, pine nuts and Parmesan shavings. Simply beautiful

### Spaghetti (V option) £7.70

Long narrow pasta with your choice of **Tomato, Bolognese, Carbonara sauce** or simply **Aglio Olio**.

### Risotto (V option) £8.75

Please ask for your choice of - chicken, mixed vegetable or seafood - with Arborio rice (Please feel free to ask for your favourite variations. If we can we will).

## PIZZE

- Margherita (V)** £6.10  
Pizza with tomato, mozzarella cheese and fresh herbs.
- Pizza Colosseum (V)** £7.95  
Pizza with sweet corn, fresh tomato, asparagus, sweet peppers, artichoke, rocket and shavings of Parmesan.
- Calzone con Pollo e Funghi** £7.95  
Folded pizza with chicken, mushroom, mozzarella cheese and a white sauce.
- Calzone Classico (V -on request)** £7.95  
Folded pizza with spicy salami, ham, roast peppers and ricotta cheese with a tomato sauce.
- Pizza Mexicana (meaty and spicy)** £8.15  
Pizza with beef, pepperoni, jalapeno peppers and chilli. As hot as you like.
- Pizza Cleopatra** £8.15  
Pizza with tomato, mozzarella, smoked salmon, prawns and avocado.
- Pizza Roberto (Very healthy) (V option)** £8.15  
Our stone baked pizza base with fresh tomato sauce, a mix of mozzarella & ricotta cheese, sliced chicken, black olives, red pepper, red onion, mushrooms & basil.

Or take a Margherita and add any of the following toppings at **95p each**

Ham	Red Onion	Chicken
Sweet Peppers	Jalapeno peppers	Pineapple
Pepperoni (spicy sausage)	Sweet corn	Tuna
Va Bene Barbeque Sauce	Mushrooms	Salmon

- Beef, Goats cheese, parma ham and Asparagus at **£1.20 each**

**“Huge Family Pizzas” – Ideal to share –** 20 inch - **£18.30**  
24 inch - **£23.55**

(Max number of toppings 3)  
(not available Fri or Sat evening after 6.30pm)

## Mains / Secondi

- \*Italian Fish Cakes** £10.20  
Our home made salmon & cod fish cakes, served with our own tartar sauce & rocket. Delicious.
- \*Halibut alla Certosina** £13.25  
A grilled halibut steak served with a lovely pink peppercorn sauce.
- \*Red Snapper Va Bene** £12.50  
Grilled fillet of red snapper served with buttered asparagus and a light lemon and butter sauce.
- \*Duck – Anatra Livia** £12.25  
A succulent breast of duck served with grapes and a Marsala wine sauce.
- Chicken alla Marco Polo** £12.20  
Marinated strips of chicken cooked with mushrooms, onion and sweet peppers in a creamy sauce and served with **arborio rice**.

## Italian Style Beef Bourguignon

(single or for 2 to share) **£9.95 / £17.95**  
Tender beef braised in the oven with diced Italian bacon, fresh vegetables, garlic and red wine. Served with a delicate saffron rice.

**\*Lamb di Roma** £11.20  
Tender medallions of lamb, marinade, grilled and skewered together with roasted vegetables and served in a sauce of red wine, fresh rosemary, garlic, demi glace and pancetta.

**Veal Alla Milanese** £13.30  
A classic. Veal escalope in breadcrumbs, pan fried with capers and butter sauce, topped with pan fried egg and served with spaghetti in a rich tomato sauce.

**\*Pollo di Va Bene** £11.95  
Succulent chicken fillet wrapped in parma ham and served with a light sauce of white wine, herbs, garlic butter and a touch of chilli.

**\*Calf's Liver – Lama di Fegato panceta** £10.95  
Tender calf's liver with Italian bacon and a sage and port wine sauce.

## Steak / Bistecca

- \*Ribeye Steak** - 8 oz chargrilled steak **£13.30**
- \*Sirloin Steak** - 8 oz chargrilled steak **£14.45**
- \*Fillet Steak** - 7 oz chargrilled fillet steak served with a potato rosti **£16.95**

All steaks are 28 day aged, cooked to your liking and served with a **choice of sauces:**

- Peppercorn with cream and brandy
- Marsala wine sauce
- “Diane” cream sauce of mushroom, onion, red wine and French mustard
- Liver pate and red wine sauce

**NB.** Those dishes marked with \* are served with your choice of vegetables, fries or mixed salad included in the price.

## Sides

- Rocket and Parmesan salad** £2.60
- Mixed salad** £2.60  
Mixed leaves tossed with cucumber, tomato, olives and red onion
- French Fries or ‘chunky’ chips** £2.60
- Italian ‘crispy’ saute potatoes** £2.60  
With garlic, herbs & onion
- Zucchini Fritti, Crispy fried courgettes** £2.60

**\* If you can't find an old favourite on the menu please ask. If we have the ingredients (and it's not 8.00pm on a Saturday night(!)) we'll do our best to accommodate.**

**(V) = Suitable for vegetarians**

Due to the presence of nuts in some products, there is a small possibility that nut traces may be found in any of our menu items. Please inform our staff of any special dietary requirements. For parties of 10 adults or more, a discretionary 10% service charge will be added to the bill, thank you.