



Menu

Appetizer

For two to share - Our combination of olives with feta cheese, finest olive oil and toasted bread (M) £3.50

Garlic Breads - Individual or Large "to share" (M)

- Plain - with garlic and finest olive oil £2.75/£3.50
- Tomato £2.95/£3.75
- Cheese £2.95/£3.75
- Pesto & Tomato £2.95/£3.75

Bruschette

3 pieces of toasted Italian bread topped with a choice of -

- Tomato, onion & herbs (M)
- Mushrooms with herbs (M) and/or
- Chopped tomato, grated cheese and Italian sausage £3.95

Try one of each!

Starters / Primi

NB. All dishes in our pasta section can also be ordered as a starter at £5.50

Grilled Goats Cheese £5.25

On toasted ciabatta, garnished with leaves, caramelised red onions, and a sauce of cranberries

Italian "Anti Pasti" selection £5.75/£9.95

(available to enjoy on your own or to share)

Sliced parma ham and salami served with sun blush tomatoes, olives, onions, roasted red peppers, toasted bread and finest olive oil

Moules a la Marinieri £5.65

Mussels with white wine, garlic and herbs in a cream sauce and served with toasted ciabatta bread

Va Bene Ribs £5.75

Our famous tender pork spare ribs, marinade in our very own fabulous barbeque sauce. Simply Delicious

King Prawn with Scallops £6.25

Succulent grilled scallops, skewered with king prawns and served with a sauce of garlic, fresh chilli and a touch of white wine, garnished with leaves

Italian Salad (starter/ main) (V option) £4.75/£9.50

Crispy leaves with tomatoes, cucumber, roasted red peppers, onion, olives, cannelli beans, egg with either tuna or chargrilled chicken and your choice of dressing

Zuppa di Giorno £3.75

Our home made soup of the day with fresh bread

Insalata Caprese (starter/ main) (M) £4.95/£7.50

Buffalo mozzarella, tomatoes and basil leaves drizzled with basil oil (Add parma ham @ £1.50)

Italian "Mini" Meatballs (Polpettini) £5.50

Home made Italian meatballs with herbs topped with mozzarella in a rich tomato sauce and served with toasted bread

Funghi & Formaggio Saltati (M) £5.35

Warm mushrooms with thyme, olive oil, garlic and camembert slices, served with rocket and toasted bread. Fabulous

Pasta & Risotti

Tagliatelle Salmone £7.95

Tagliatelle pasta with pieces of smoked salmon and haddock in a delicate cream sauce, served with lemon. (*sauce made with low fat crème fraiche if requested)

Ravioli (V option) £7.75

Square pasta filled with your choice of **beef** or **cheese** and served with tomato, bolognese or cream sauce (to your order) (*cream sauce made with low fat crème fraiche if requested)

Trofielte al Pollo £7.95

Lovely petite pasta with chargrilled chicken and fresh vegetables in a cream sauce and sprinkled with pine nuts (*sauce made with low fat crème fraiche if requested)

Home Made "Mini" MeatBalls with Rigatoni pasta £7.75

Our delicious mini meatballs with herbs cooked with pancetta, onion, garlic, finest beans and a touch of chilli served with rigatoni pasta and all in a rich tomato sauce. Fantastic!

Chicken Pancake (Crespella) (V option) £7.95

Fresh pancake filled with strips of chicken, mushrooms and asparagus mixed in a creamy sauce (chicken optional)

Lasagna al Ragù £7.75

Everyone's favourite. Classic lasagne, layers of pasta with minced beef and our own fabulous "pink" tomato and bechamel sauce

Cannelloni of Beef & Spinach £7.75

Pancake filled with beef and fresh spinach with a white sauce, oven baked and topped with mozzarella cheese

Cannelloni of Cheese & Spinach (M) £7.50

Fresh pancake filled with Goats cheese, spinach, roast sweet peppers and pine kernels. Served in a pink sauce and topped with mozzarella cheese

Spaghetti (V option) £7.50

Long narrow pasta with your choice of **Tomato** or **Bolognese** or **Carbonara** sauce

Risotto (V option) £8.50

Please ask for your choice of - **chicken**, **vegetable** or **seafood** - with Arborio rice

PIZZE

Margherita (M) Pizza with tomato, mozzarella cheese and fresh herbs	£5.95
Rustica (M) Pizza with tomato, mozzarella, aubergine, sweet peppers, courgettes and shavings of parmesan and rocket	£7.75
Calzone Bolognese Folded pizza filled with minced beef, Bolognese sauce, tomato, mozzarella and finished with Bolognese sauce	£7.90
Calzone Classico (V -on request) Folded pizza with tomato, spicy salami, ham, roast peppers and ricotta cheese with a tomato sauce	£7.90
Piccante (Hot) Pizza with tomato, mixed peppers, jalapeno chilli peppers and strips of beef served with sour cream to pour	£7.85
Pizza Mare Pizza with tomato and a delicious assortment of mixed seafood	£7.95

Or take a Margherita and add any of the following toppings at **90p each**

Ham (<i>Prosciutto</i>)	Red Onion
Chicken	Sweet Peppers
Smoked haddock	Pineapple
Jalapeno peppers	Sweet corn
Pepperoni (spicy sausage)	Tuna
Va Bene Barbeque Sauce	Salmon
Mushroom	

- Beef, Goats cheese and Asparagus at **£1.20 each**

“**Huge Family Pizzas**” – Ideal to share – **20 inch - £17.95**
24 inch - £22.95

(not available Fri or Sat evening after 7.00pm)

Mains / Secondi

Salmon and Smoked Haddock Fish Cakes Served with a lovely cucumber dressing, garnished with leaves	£9.95
Paper Moon Succulent cod fish baked in the oven with prawns, mussels, peppers, a touch of chilli, herbs and served in a paper moon	£13.95
Salmone Pesto A grilled salmon steak topped with a delicious pesto crust, served with lemon and garnished with leaves	£10.50
Duck – Anatra Roma A succulent breast of duck served with baked apples and in a gorgeous dark fruit sauce	£11.95
Pollo di Va Bene Succulent chicken fillet wrapped in parma ham and served with a light sauce of white wine, herbs, garlic, butter and a touch of chilli	£11.95

Pollo al Funghi Porcini Breast of chicken served in a creamy sauce of wild mushrooms and white wine (cream sauce made with crème fraiche if requested)	£11.95
Lamb di Roma Tender medallions of lamb, marinade, grilled and skewered together with roasted vegetables and served in a sauce of red wine, fresh rosemary, garlic, demi glace and pancetta	£10.95
Veal Alla Fiorentina Medallions of veal topped with fresh spinach, glazed with mozzarella cheese and served in fresh tomato sauce	£12.95
Gigantica Rib “Combo” A combination of pork and flat beef ribs marinade in Va Bene sauce and served with toasted bread to savour every last delicious mouthful. For the big appetite!	£10.95

Steak / Bistecca

Ribeye Steak 8 oz chargrilled steak	£12.95
Sirloin Steak 8 oz chargrilled steak	£13.95
Fillet Steak 7 oz chargrilled fillet steak served with a potato rosti	£16.50

All steaks are 28 day aged, locally sourced, cooked to your liking and served with a choice of sauces:

- Peppercorn with cream and brandy
- Marsala wine sauce
- “Diane” cream sauce of mushroom, onion, red wine and French mustard
- Wholegrain mustard sauce

NB. All our main dishes are served with your choice of fries, seasonal vegetables or mixed leaf salad

Sides

Tomato and Red Onion salad	£2.50
Rocket and Parmesan salad	£2.95
Mixed salad Mixed leaves tossed with cucumber, tomato, olives and red onion	£2.60
French Fries	£2.50
Garden peas with pancetta, onion & butter	£2.50

(M) = Suitable for vegetarians

Due to the presence of nuts in some products, there is a small possibility that nut traces may be found in any of our menu items. Please inform our staff of any special dietary requirements. For parties of 12 or more, a discretionary 10% service charge will be added to the bill, thank you